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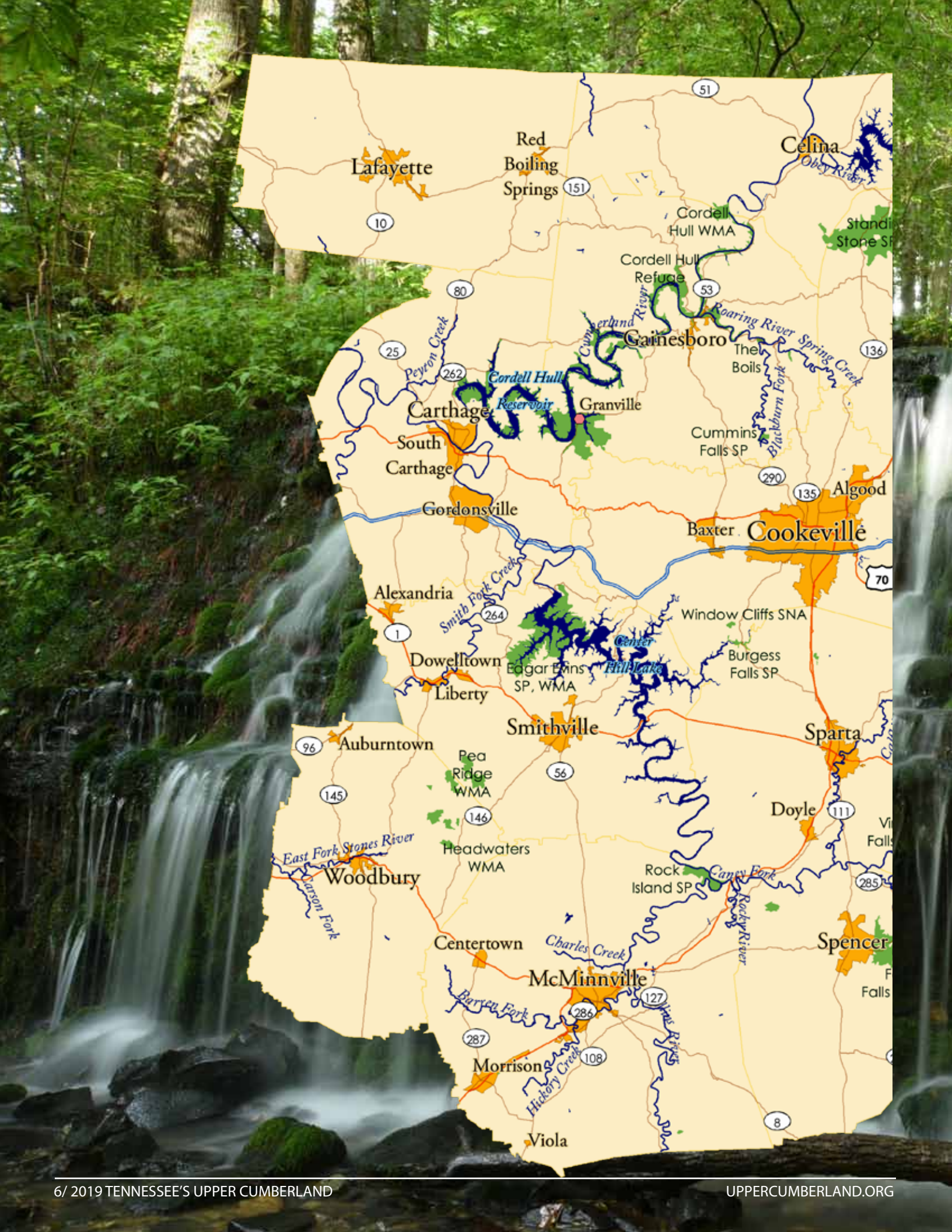


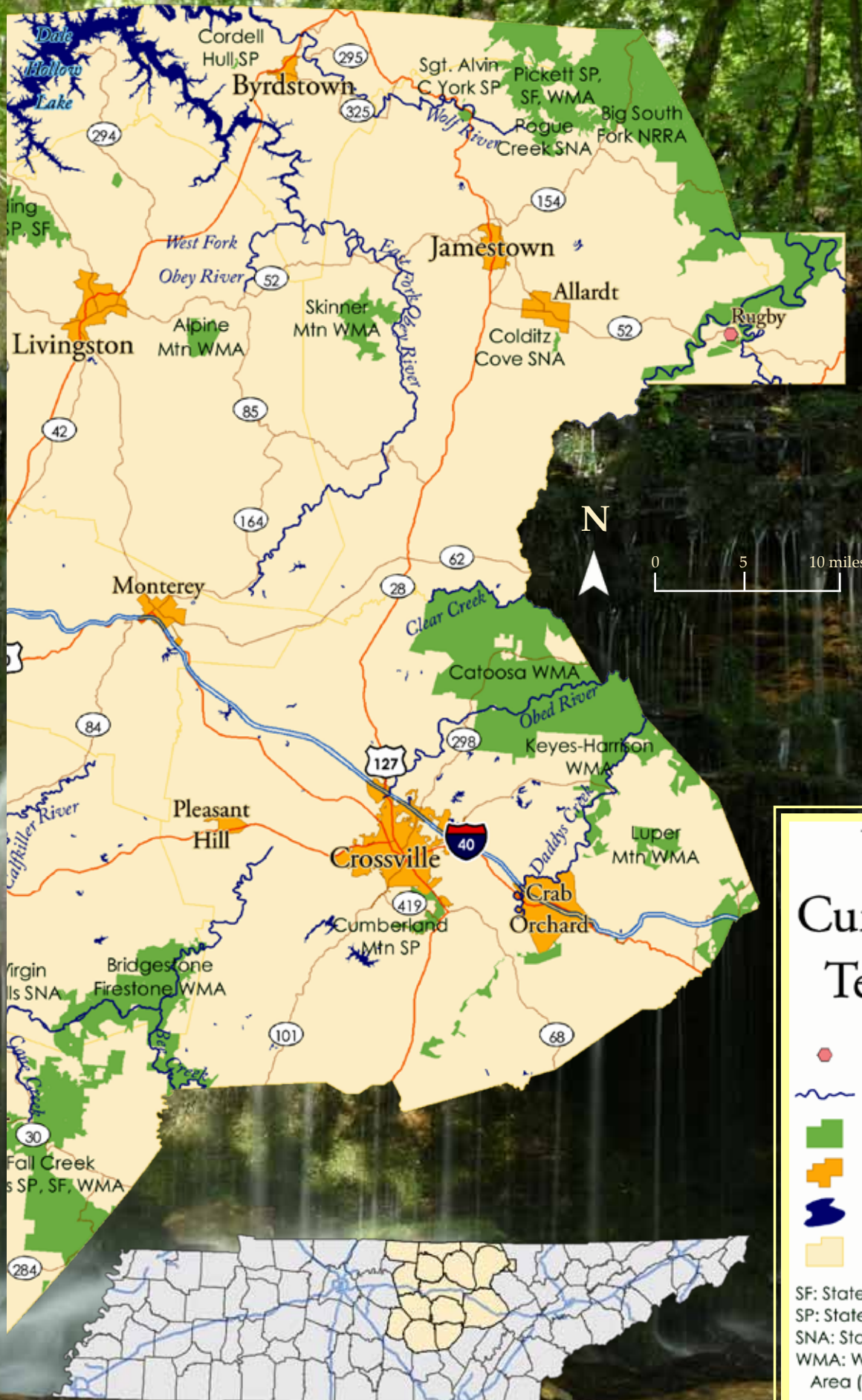
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2019 Upper Cumberland Stay & Play Magazine

Covering the 14 counties of the Upper
Cumberland in Tennessee:

Cannon | Clay | Cumberland
| DeKalb | Fentress | Jackson | Macon
| Overton | Pickett | Putnam | Smith |
Van Buren | Warren | White

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Ruth Dyal

Art & Design

H. L. Harder
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Editors

H. L. Harder & Elisabeth Jones

Contributing Writers

H. L. Harder, Clayton Hensley
Billie Davis, Matt Brown
Kelly Roberts, Marvin Bullock

Contributing Photographers

Chuck Sutherland, H. L. Harder,
Clayton Hensley
Billie Davis, Matt Brown,
Ed Stone, Bettye Austin (Cookeville
Camera Club).

Ad Creation

Bill Luton, Sara Sukalec, H.L. Harder

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P.O.Box 2411

Cookeville TN 38506
Phone: (931)-537-6347
Fax: (931) – 537-6891
Toll Free: (800)-868-7237
uctourism@gmail.com
uppercumberland.org



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COVER SHOT

The photo was shot to represent both the rich musical heritage and stunning natural beauty of the Upper Cumberland. A special thanks goes out to musicians (L-R) Randy Mansell, Kris Ballinger and Dale Ballinger for bringing their instruments to the Lost Creek Natural Area and posing for the image. Extra kudos to Dale Ballinger for carrying his bass up and down the .2 mile slope and over the roots and rocks.

All three are dedicated, passionate musicians who seem to be at their happiest making music. Randy Mansell is an accomplished guitarist who has played in a number of bands. He plays so naturally, it's like he was born with a guitar in his hands. Kris and Dale Ballinger have toured across the United States, Europe and Japan, and have recorded several albums. Find the Ballinger Family Band's 2017 CD, "It's About Time," on Amazon.

The setting is Lost Creek Falls, featured as one of the "5 Waterfalls in Five Hours" article on page 28.

Photograph by H. L. Harder.

EVENTS & FESTIVALS CALENDAR

Ghost Hunt Weekends at the Thomas House in Red Boiling Springs
ghosthuntweekends.com

Dinner Shows at the Thomas House – Feb, Jun, Aug & Nov
thomashousehotel.com

Sutton Ole Time Music Hour in Granville
granvilletn.com

Cumberland County Playhouse in Crossville
ccplayhouse.com

Historic Palace Theatre in Crossville
931-484-6133

Red Pump Café Open-Mic Night at the Armour's in Red Boiling Springs
vision2020inc.com

Events in Upper Cumberland Tennessee State Parks
tnstateparks.com

Cookeville Leisure Services – all Cookeville City events
cookeville-tn.gov/lis

Good Neighbors Theatre in Byrdstown
dalehollow.com

FEBRUARY - DECEMBER

Dinner Theatre Shows at Thomas House in Red Boiling Springs
thomashousehotel.com

APRIL – JUNE

Barn Sales at Cumberland Mountain General Store
cumberlandmountaingeneralstore.net

APRIL – OCTOBER

Overton County Cruise-In & Swap Meet - Livingston Town Square
931-510-6624

APRIL – DECEMBER

Friday at the Crossroads & Cruise In - Downtown Crossville
downtowncrossvilleinc.net

Cruise –Cumberland Mountain General Store
cumberlandmountaingeneralstore.net

MAY – SEPTEMBER

Wildwood Resort & Marina - "Newbird on the Water" concert series
wildwoodresorttn.com

Mirror Lake Blast Free Outdoor Concerts – in Fairfield Glade
fairfieldglade.cc

MAY - OCTOBER

Third Fridays Green Markets from 4 – 7 pm in Sparta
exploresparta.com

Third Fridays Sparta Bluegrass Music Series from 7 – 9 pm
exploresparta.com

Third Saturdays - Good-time Cruisers on the square in Sparta
4pm to dusk

JUNE – JULY

Thursday at the Amp in Crossville downtowncrossvilleinc.net

Main Street Live concerts McMinnville mainstreetmcminnville.org

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FEBRUARY

- 1,7,8 Valentine Dinner Theatre- Sutton Granville at 5:30 and 7:30 pm granvilletn.com
- 6 Valentine Dinner Theatre- Sutton Store in Granville at 11am and 1pm granvilletn.com
- 15 First Annual Valentine's Day Dinner & Dance at The Farm at East Port thefarmateastportmarina.com
- 16 Mayhem Showdown in Cookeville crossfitmayhem.com/
- 23 Cummins Falls Marathon in Jackson County & Cookeville ultrasignup.com/register.aspx?did=58528

MARCH

- 1 - 3 Stay & Play in the UC Travel Expo in Cookeville uppercumberland.org
- 1 - 3 Home & Garden Show in Cookeville uchba.com
- 9 Sutton Homestead Opens for 2019 Season- "Memories of the 1960's" granvilletn.com
- 9 Fashion Show & Ladies Luncheon granvilletn.com
- 16 Annual Waterfall Tour at Edgar Evins State Park - foeesp.com
- 22-24 Muddy Rivers Festival – in Overton County 629-215-2349 muddyriversfestival.com
- 23 Honest Abe Spring Log Home Tour in Moss honestabe.com
- 23 Annual Waterfall Tour at Edgar Evins State Park [Facebook/friendsfoeesp](https://www.facebook.com/friendsfoeesp)
- 23 Spring Hike at Standing Stone State Park
Ranger Sarah Geeslin 931-823-6347
tnstateparks.com/parks/about/Standing-Stone
- 30 -31 Spring Dale Hollow Bass Classic (931) 864-6215

APRIL

- 1 Opening Day Historic Brushy Mountain State Penitentiary tourbrushy.com
- 4-7 Strengthen the Knot Marriage Retreat retreatatcenterhilllake.com
- 6 Celebration of Craft at the Appalachian Center for Craft in Smithville ntech.edu/craftcenter/specialevents/celebration

- 12-13 Overton County Fair Spring Barn Sale at the Overton County Fairgrounds.
- 12-13 16th Annual Spring Nature Rally tnstateparks.com/parks/about/Standing-Stone
- 13 Upper Cumberland Wine Festival in Granville uppercumberlandwinetrail.com
- 12-13 Spring Sing & String Traditional Music Weekend tnstateparks.com/parks/go-green/cordell-hull-birthplace
- 13 Opening of Granville 2019 Festival Season "Memories: Rockin' thru the 60's" granvilletn.com
- 13 Granville Genealogy Festival granvilletn.com
- 13 21st annual Window on the World in Cookeville wowttu.org
- 14 American Motorcyclists Association Amateur Hillclimb in Buffalo Valley [Facebook./buffalovalleyhillclimb/](https://www.facebook.com/buffalovalleyhillclimb/)
- 14-15 Spring Dale Hollow Bass Classic at Sunset Marina & Resort in Byrdstown
- 11-14 Baja SAE Tennessee Tech - SAE International in Cookeville sae.org/attend/student-events/baja-sae-tennessee-tech/
- 19-22 The Wall That Heals Tour in Cookeville visitcookevilletn.com
- 20 Easter Egg Hunt @ Standing Stone State Park tnstateparks.com/parks/about/Standing-Stone
- 26 -27 Flower and Garden Show in Crossville

MAY

- 3-4 Outdoor Mayberry Dinner Theater "Happening on the Mountain with the Darlings" granvilletn.com
- 4 Cornbread & Moonshine Festival in Granville granvilletn.com
- 4 Back to the Strip car show in McMinnville [facebook/mainstmcminn](https://www.facebook.com/mainstmcminn)
- 4 Rugby Rumble at RM Brooks Store in Rugby rmbrooksstore.com
- 9-11 Poke Sallet Festival in Gainesboro on the Square gainesborochamber.com
- 10 Poke Sallet 5K in Gainesboro on the Square gainesborochamber.com
- 17-18 TN52 Yard Sale from Celina to Lafayette tn52.com
- 18-19 Southern Marketplace Barn Sale at Acres of Grace Farms in Red Boiling Springs asouthernmarketplace.com
- 17-19 Wheels of Thunder – Christian Motorcyclist Retreat retreatatcenterhilllake.com
- 18 Tennessee Mountain Laurel Festival – Morgan County TNMLF.com
- 19 Sock Hop Cruise-in, Dancing in the streets in Sparta spartatnchamber.com
- 21-22 Run For the Wall in Cookeville rftw.us/midway-route-hub
- 23 Taste of Crossville downtowncrossvilleinc.net
- 23-26 Jammin' at Hippie Jack's Americana Music Festival in Crawford jamminathippiejacks.com
- 25 Granville Heritage Day with Antique Car Show & Uncle Jimmy Thompson Bluegrass Festival granvilletn.com

AUGUST

- 1-3 Clay County Homecoming Days in Celina dalehollowlake.org
- 1-4 Highway 127 Yard Sale in Tennessee from Crossville to Jamestown 127sale.com/
- 17-22 Model T Ford Club of America USA National Tour in Cookeville hmtfca.com/clubpages/events.htm
- 22-25 Southern Cruisers Riding Club Tennessee Rally in Cookeville tnscrcrally.net/
- 24 Honest Abe Fall Log Home Tour in Cookeville honestabe.com
- 31 Apple Butter Day tnstateparks.com/parks/go-green/cordell-hull-birthplace
- 31-Sept. 1 Annual Muddy Roots Music Festival 115 Waterloo Road in Overton County muddyrootsrecords.com

SEPTEMBER

- TBA Unplugged Women of God Retreat retreatatcenterhilllake.com
- 6-7 Fall FunFest in Cookeville fallfunfest.com/
- 6-7 Antique Car Show at the Thomas House in Red Boiling Springs thomashousehotel.com
- 7 Rugby Rumble at RM Brooks Store in Rugby rmbrooksstore.com
- 14 Annual Standing Stone Marbles Festival & National Rolley Hole Championships – Standing Stone Park tnstateparks.com/parks/about/Standing-Stone
- 20-21 Upper Cumberland Quilt Festival in Algood quilt-festival.com
- 21 McMinnville Mountain Crawl in McMinnville
- 21-22 Apple Festival in Homestead cumberlandhomesteads.org/
- 28 8th Annual Storytelling Festival at Standing Stone Park tnstateparks.com/parks/about/standing-stone
- 28 Blooms & Brews in McMinnville warrentn.com
- 28 Fairfield Glade Music Festival at the Square in Fairfield Glade fairfieldglade.cc
- 29 William Walton Festival in Smithville visitsmithcountyttn.com

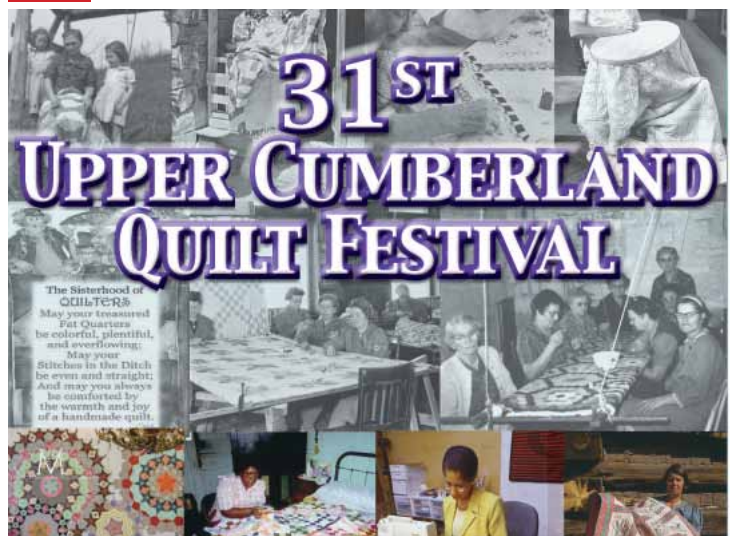
- 31 A Southern Marketplace Barn Sale at Acres of Grace Farms asouthernmarketplace.com

JUNE

- TBA Paddle Fest at the Retreat at Center Hill retreatatcenterhilllake.com
- 1 A Southern Marketplace Barn Sale at Acres of Grace Farms asouthernmarketplace.com
- 1 Red Boiling Springs Folk Medicine Festival vision2020inc.com
- 7-8 Defeated Creek Bluegrass Festival in Defeated visitsmithcountyttn.com
- 9 Grits & Glitz Barn Sale in Granville granvilletn.com
- 9 British Car Show in Rugby historyrugby.org
- 15 Annual Cruise-In Car Show at the Square in Fairfield Glade with the Plateau Corvette Club fairfieldglade.cc
- 17-21 National Speleological Society Convention in Cookeville Caves.org
- 17-20 Junior Ranger Camp tnstateparks.com/parks/go-green/cordell-hull-birthplace
- 20-22 Hillbilly Days at Key Park in Lafayette 615-633-7369
- 25 Nashville Symphony Concert at Key Park, Lafayette maconcountychamber.org
- 29 Independence Day Celebration (931) 864-6215 Byrdstown
- 29 Crack the Sky – Overton County Fairground
- 30 Lancaster Independence Day in Lancaster visitsmithcocuntyttn.com/events

JULY

- 3 Cumberland County Community Chorus Concert @ the Amp 6:30 pm in Crossville cccband.net
- 4 Music & Fireworks at Centennial Park in Crossville crossvilletn.gov
- 4 Dale Hollow Lake Freedom Fest thefarmateastportmarina.com
- 4-7 Red, White & Boom Celebration in Cookeville Facebook/cookevillefourthofjuly
- 5-6 Annual Smithville Fiddlers Jamboree and Crafts Festival in Smithville smithvillejamboree.com
- 6 Annual Fiddler 5k and One-Mile Fun Run Fiddler5k.com
- 13-14 KCBS Cumberland BBQ Cook-Off & Cruise-in at East Fork Stables eastforkstables.com
- 14 Farm to Table Dinner in McMinnville Facebook/mainstmcminn
- 20 Waterfest at Meadow Park Lake in Crossville crossvilletn.gov
- 26-28 American Motorcyclists Association Hillclimb Grand Championship in Buffalo Valley Facebook/buffalovalleyhillclimb/
- 25



OCTOBER

- 2-26 Tennessee's Largest Scarecrow Festival in Granville granvilletn.com
- 3-5 Roller Coaster Yard Sale – From Byrdstown to Celina therollercoasteryardsale.com
- 5 Allardt Pumpkin Festival allardtfestival.com
- 5 Fall Celebration in Granville granvilletn.com
- 12 How'd Dey Do Dat Day at Grandpa's House in Red Boiling Springs grandpas-house.com
- 12 40th Standing Stone Day in Monterey montereytn.com
- 12 Annual Standing Stone State Park Car Show at Standing Stone State Park tnstateparks.com/parks/about/standing-stone
- 12 Annual History Hayride at Edgar Evins State Park foeesp.com
- 12 Liberty Square Bluegrass Festival in Sparta spartatnchamber.com
- 12 Chili Cook Off in Celina dalehollowlake.org
- 12 Cub Mountain Ride to the Sky in Cookeville ridetothsky.org/
- 18-19 Crossville Octoberfest crossvilleoktoberfest.com
- 18-19 A Southern Marketplace Barn Sale at Acres of Grace Farms asouthernmarketplace.com
- 19 WCTE's Blues and Brews Craft Beer Festival + Haunted Half Marathon in Cookeville wcte.org/events
- 18-19 Dale Hollow Bass Classic at Star Point Resort in Byrdstown dalehollow.com
- 25 Cookin' on the Square in Cookeville cookingonthesquare.com/
- 26 Baxter Harvest Festival - [Facebook/baxterharvestfestival/](https://www.facebook.com/baxterharvestfestival/)
- 25-27 Off the Beaten Path Studio Tour in DeKalb and Cannon Counties offthebeatenpathtour.com
- 26 Annual Fall-O-Ween in Livingston - Livingston Town Square & Central Park Livingston overtenco.com



WCTE's Blues & Brews Craft Beer Festival Oct. 19

NOVEMBER

- 1-2 Art & Ale Trail in Sparta spartatnchamber.com
- 1-2 Mistletoe Market in Cookeville leslietowncentre.com/mistletoe-market
- 8-9 Art Prowl in Cookeville arroundtennessee.org
- 8-9 Grand Opening of 2019 Christmas Season in Granville granvilletn.com
- 8-31 Christmas in Granville granvilletn.com
- 9 Standing Stone Park Big Foot Scramble 5-Mile Run tnstateparks.com/parks/about/standing-stone
- 9-11 Veterans Day Event at Alvin C. York State Historic Park in Pall Mall tnstateparks.com/parks/about/sgt-alvin-c-york
- 23-24 Annual Holiday Festival at the Appalachian Center for Craft tntech.edu/craftcenter/specialevents/celebration
- 25 Hometown Christmas in Carthage visitsmithcountyttn.com/events
- 29-Dec 6 Christmas in the Country in Livingston - Livingston Courthouse Square overtenco.com
- 30 Mistletoe Market downtown Celina dalehollowlake.org

DECEMBER

- 2 Christmas in the Park Tree-lighting Ceremony in Cookeville 931-520-4386
- 5-7 BlueCross Bowl in Cookeville roadtocookeville.com
- 5-13 Christmas Mayberry Dinner Theatre in Granville granvilletn.com
- 6-7 Byrdstown Christmas Celebrations dalehollow.com
- 7 Honest Abe Christmas Log Home Tour in Crossville honestabe.com
- 7 Lighting of the Tower Christmas Celebration at Edgar Evins State Park
- 7 Christmas Home & Hearth Market + Christmas Parade in Monterey montereytn.com
- 14 Granville Country Christmas granvilletn.com



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Nestled in the verdant forests of Tennessee's Upper Cumberland, **Isha Institute of Inner-sciences** offers a much needed mountain retreat for all visitors. Founded and guided by Sadhguru, Isha Institute offers an array of programs.

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ishaUSA.org
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To Visit: visit@ishaUSA.org
For Groups: groupvisit@ishaUSA.org

MUSIC WITH H E A R T

Live performances so good they will make you
grin like a possum eatin' a sweet tater.



photocredit H. L. Harder



THE SUTTON OLE TIME MUSIC HOUR

Billed as Tennessee's best bluegrass and ole time music, the Sutton Ole Time Music Hour features different groups each Saturday night with a 6pm warm up show and 7pm syndicated radio show, aired on the famed country music station, 650 WSM out of Nashville. The show is on the Tennessee Music Pathway and takes place in the Sutton General Store in historic Granville.

Admission is \$3.00/person or you can make a dinner reservation and enjoy country cooking before the show at: **931-653-4151**.

Follow the Sutton Ole Time Music Hour on Facebook or check out the upcoming bands at:
granvilletn.com/music/sutton-ole-time-music-hour



APPALACHIAN OUTREACH, MUSIC AND ARTS FESTIVAL

Memorial Day Weekend, May 23 - 26, 2019

An event for the entire family, this music, camping and arts festival is also a taping for the PBS series, *Jammin with Hippie Jack*, which is part of Hippie Jack's mission to preserve Americana Roots music.

Come for the day or bring your camping gear and stay for the entire weekend and enjoy 4 days of bluegrass, blues and folk music in the heart of rural Tennessee.

The festival is a fundraiser used to collect food and clothes for the underprivileged people in nearby mountain communities.

Find out more, purchase tickets, or just donate at:
jamminathippiejacks.com



BRYAN SYMPHONY ORCHESTRA

Based at Tennessee Tech University, the Bryan Symphony Orchestra is the only professional symphony in rural Tennessee.

Begun in 1963, the symphony plays classical and pops, performing a broad range of repertoire to a wide and diverse audience.

Performances are held in the 500-seat Wattenbarger Auditorium on campus.

For information about performances
and to purchase tickets, go to:
bryansymphony.org



photocredit H. L. Harder



CONCERTS IN THE PARK SERIES

Each summer from May through August, the City of Cookeville and the Cookeville Performing ARTS Center (CPAC) host concerts in the Cookeville's Dogwood Park. There's nothing quite like relaxing in your lawn chair on a warm, southern evening and listening to the Cookeville Community Band.

2019 Cookeville Community Band Concert Schedule Dogwood Park Performance Pavilion

May 27 at 7:30pm
June 10 at 7:30pm
June 24 at 7:30pm
July 8 at 7:30pm
July 22 at 7:30pm
August 5 at 7:30pm

For more information, follow CPAC'sr FB page or go to:
cookeville-tn.gov/315/Performing-Arts-Center



September 6 -7, 2019

Cookeville's Annual Fall FunFest will be held on the town square. The Festival features a barbecue cook off, two stages of entertainment, 5k/10k fun run, kids' activities, crafts and WCTE's Stations of Imagination.

Come join the celebration at
Cookeville's Fall FunFest!

cookeville-tn.gov/315/Performing-Arts-Center

CUMBERLAND CAVERNS LIVE

Cumberland Caverns Live will take your love of music to the next level with shows from the world-famous Volcano Room, 333 feet below the surface. Praised by the music industry for near perfect, natural acoustics, come enjoy the music, take a tour, and spend the night for an experience you and your family and friends will never forget!

Performance information and tickets at:
cumberlandcaverns.com/live/

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CUMBERLAND COUNTY PLAYHOUSE



If you are in Crossville, make plans to visit the Cumberland County. Home to award-winning professional productions, including amazing musicals, special events and concerts, this award-winning theater is a must-do when you are in the area.

Find the 2019 performance lineup and tickets at: ccplayhouse.com



July 5-6, 2019

The Smithville Fiddlers' Jamboree draws musicians, craft artists and spectators each summer to pay tribute to Appalachian art and culture. Thousands of tourists visit the festival every year, along with television viewers across the country via WCTE-TV and various PBS stations nationwide.

Find out more at:
smithvillejamboree.com



Sparta's Liberty Square Celebration

October 12, 2019

This free event is a special tribute to Sparta's native son and bluegrass legend, Lester Flatt. Notable bluegrass bands from all over the nation come to perform, with the historic Oldham Theater as a backdrop. There are plenty of activities for the whole family, including crafts, a car show and kids' activities. The evening ends in grand style with a fireworks display.

Find out more at: spartatn.gov

LOCAL *Live* MUSIC

Nearly every town in the Upper Cumberland has live music venues on weekends and special occasions.

Down home Bluegrass is played at Therold's Little Opry every 2nd Saturday at 6 pm in Gainesboro at the Center Grove Community Center. Call Edward Anderson at 615-735-2462 for information.

On Friday & Saturday Nites at 6 pm the Dixie in Byrdstown is the place for Bluegrass and Country with Johnny's cooking. Don't forget a piece of pie! dalehollow.com

For the most updated information on the Cookeville music scene go to the Facebook "Cookeville Events & Local Businesses" site.

Sit outside and enjoy Cookeville Community Band concerts year round cookevillecommunityband.org

Jazz on the Cumberland during Fall Festival on Oct 5 granvilletn.com.

Sparta is the place to be on weekends with great choices at winery, breweries, coffee shop or out at Big Puckett.

Coffee Collective thecoffeecollectiveten.com

Happy Trails Brewery happytrailsbrewing.com

Big Puckett bigpuckettscampground.com

Northfield Winery northfieldvineyards.com.

In Grimsley is the 127 Performance Art Center with weekly music events - see their schedule on Facebook/127-Music-Hall-and-Event-Center.

Further up Hwy 127 at Sgt York's Barn in Pall Mall they have special concerts scheduled. sgtyork.org/park-and-homeplace

It's Bluegrass every Saturday in Granville at the Sutton Ole Time Music Hour - more Bluegrass is performed during Uncle Jimmy Johnson Festival on 26 May.

This summer, sit back at Wildwood Resort & Marina and listen to "Newbird on the Water" wildwoodresorttn.com.

The Palace Theatre in Crossville has musical shows throughout the year palacetheatre-crossville.com.

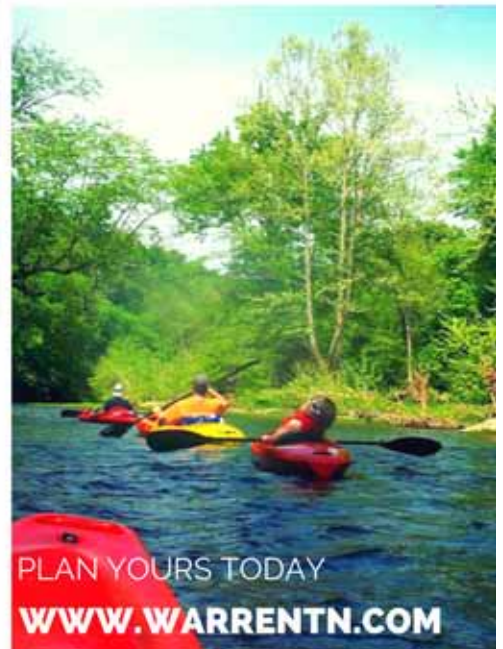
Cumberland Community Band - year round concerts. cccband.net

Camping at Defeated Creek is fun especially during the Defeated Bluegrass Festival June 7- 8, smithcounty-chamber.org

The Arts Center of Cannon County - year round music events. artscenterofcc.com

See uppercumberland.org or follow Upper Cumberland Tourism on Facebook for more information about music venues in the Upper Cumberland region.

*At the time of printing, these venues offer live music.





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2019 UPPER CUMBERLAND
**HAUNTED
HALF 13.1**



Cookeville,
Saturday, October 19

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Discover
the Upper Cumberland

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Watch episodes of the WCTE series "Discover the Upper Cumberland" online.

Enter "Discover the Upper Cumberland" in your search bar,
or go to wcte.org/discover/



WCTE-HD Ch.22.1, WCTE-WORLD SD Ch.22.2,
WCTE-Create SD Ch.22.3 & WCTE-PBS KIDS Ch.22.4



CUMBERLAND CAVERNS



where adventures run deep!



Nestled 333' below Cardwell Mountain in historic McMinnville, Cumberland Caverns takes guests on a magical adventure through one of the most beautiful caves in the world.

Discovered in 1810, and officially opened to the public in 1956, the cave has welcomed millions of guests to discover a U.S. Natural National Landmark hidden just below the earth's surface. Cumberland Caverns boasts spectacular formations, delivers more miles than Carlsbad, and offers rooms larger than Mammoth Caves.

One-of-a-kind tours lead you and your family on a fun, memory making adventure. History comes to life as trained guides enchant you with local folklore and timeless stories from the cave and surrounding area. Trace the path of early explorers as you make your way through the cavern on a Daily Walking Tour.

If you want to raise your adrenaline level, Cumberland Caverns invites you to take one or all of our spelunking excursions. For high octane individuals, take it up another notch by braving the darkness in an overnight campout inside the cave.



The top of Cardwell Mountain holds just as many secrets and breathtaking views as the caverns below. The newly opened "Apple Brandy Trail" encourages hikers to enjoy and appreciate the beauty of Middle Tennessee while learning about the local plants and animals that thrive and call this region home. Hear about "The Trail of Tears" and how Warren County came to be known as the "Nursery Capital of the World."

And don't forget to attend a concert 333' below ground in the unforgettable venue of the Volcano room, complete with chandelier.

For more information, check them out on the web at:
cumberlandcaverns.com

**Cumberland Caverns,
1437 Cumberland Caverns Rd, McMinnville, TN
Phone: 931-668-4396**



HIKING IN CUMBERLAND COUNTY

In 2012, a group of volunteers in Fairfield Glade formed the *Friends of the Trails*, dedicated to constructing, maintaining and promoting the use of hiking and walking trails in Cumberland County. Their efforts have resulted in over twenty-five miles of new trails.

Now, in addition to hiking in Cumberland Mountain State Park, which will take you on fifteen miles of trail along Byrd's Creek and through its extensive woodlands, hikers can make Fairfield Glade a destination. Hikers and walkers will enjoy amazing natural rock formations, man-made rock staircases and wooden bridges created by hard working volunteers.

The Overlook Trail has been the hikers favorite for many years as it descends to the valley floor and follows the bank of Daddy's Creek for over a mile before ascending back to the parking lot via a series of switchbacks. Trails like the Hemlock, Canyon, and Glastowbury are built and maintained to high standards to ensure that hiking on them is a pleasure and maintenance is minimal.

We are adding Emergency 911 markers to our trails. Every one-third of a mile there are small E911 signs, each with a unique number that identifies the precise location to the 911 dispatcher should a hiker need to call in an emergency.

In addition, the *Cumberland Trail Conference* is constructing over fifty miles of trails in Cumberland County. The goal is to have a long-distance trail spanning the state of Tennessee all the way from Georgia to Kentucky - a distance of almost three hundred miles. The Cumberland Trail crosses Black Mountain, reaching a height of 2,827 ft, which offers spectacular views of nearby Grassy Cove.

In September each year, the *Friends of the Trails* organizes a "Hiking Marathon," where hikers explore 26.2 miles of designated trails throughout the county in 30 days. It is free to enter and successful marathoners receive a patch, a T-shirt and bragging rights at our "Hit the Trails Festival" in October. In four short years, this event has grown from 300 to 1,500 entries.

Relax, Unwind, Connect.



www.crossville-chamber.com



For the Love of GOLF

photography by Ed Stone @ GoGolfandTravel.com

"Golf combines two favorite American pastimes: taking long walks and hitting things with a stick."

~ P. J. O'Rourke

Crossville and Cumberland County is referred to as the "Golf Capital of Tennessee." The title is well deserved. There are 10 championship golf courses, all of them beautifully designed and immaculately maintained, catering to handicaps large and small. This past year over half a million rounds of golf were played in Crossville - Cumberland County and that number grows each year. From Fairfield Glade, Tennessee's famous vacation and retirement resort, featuring 90 holes of golf, to the Bear Trace at Cumberland Mountain State Park, Tennessee's first Jack Nicklaus-designed course, this is best spot for golf in Tennessee.

For more information on the courses and tee times, go to:

golfcapitaltenn.com, or to:
fairfieldglade.cc/web/pages/golf-package-info.

Cookeville is home to five courses. Check them out at:
visitcookevilletn.com/golf-courses.

Perched high above Center Hill Lake, the course at River Run Golf is Sparta has matured wonderfully since being built and is both challenging and a pleasure to play. Visit riverwatchgolfclub.com.






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Quite a few in fact. You see, Fairfield Glade Resort in Tennessee has 90 holes of Championship Golf alone, including Stonehenge, named among the top courses in Tennessee by *Golf Digest*, *Golfweek*, and *Golf Magazine*.

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5 WATERFALLS IN FIVE HOURS

by Marvin Bullock

With over 100 waterfalls, Tennessee's Upper Cumberland has one of the highest concentrations of waterfalls in the United States. Located on the lower side of the 20,000+ square-mile Cumberland Plateau, much of the rain that falls on the plateau drains west into the Upper Cumberland.

Many of the falls are readily accessible within a short walk from a parking lot or road.

Here are five accessible favorites:



Cummins Falls State Park, Jackson County

Cummins Falls has become one of the most visited waterfalls in Tennessee. Branded as one of the top-ten swimming holes in the US by Travel & Leisure Magazine, Cummins Falls is a beautiful 2-drop waterfalls plunging 75 feet into a gorge along the Blackburn Fork River.

photocredit Chuck Sutherland



photocredit Chuck Sutherland

Above: Burgess Falls State Park, Putnam County and White County

A horizontal pinnacle of rock almost creates a split in the Falling Water River at the top of Burgess Falls. From any angle, the falls is breathtaking. About 8 miles south of Cookeville, the state park features a scenic $\frac{3}{4}$ of a mile easy trail to the main waterfalls, with a smaller falls along the way.

Top Right: Twin Falls, Rock Island State Park, White County

Barely 21 miles south of Burgess Falls State Park, the Twin Falls overlook at Rock Island is one of the most spectacular waterfalls in the area. The water emanates from caves in a hillside and cascades eighty feet into the Class V waters of the Caney Fork River. Twin Falls is among the broadest of waterfalls in the state. Twin Falls was accidentally created in 1925 when a dam was built on the Caney Fork River. The lake that formed backed water into the nearby Collins River, as the water rose it found its way through caves in the hillside.

Middle Right: Great Falls, Rock Island State Park, White County and Warren County

Less than seven miles by road, and still in Rock Island State Park, Great Falls lies upstream of Twin Falls. The same Class V waters that flow over Great Falls, flows in front of Twin Falls which makes a great backdrop for the thousands of whitewater kayakers who come to Tennessee. Great Falls has been the site of three international kayak competitions in eight years.

For more waterfalls information, go to uppercumberland.org.



photocredit Chuck Sutherland



photocredit Chuck Sutherland



photocredit H.L. Harder

Left: Lost Creek Falls, Lost Creek State Natural Area, White County
Twenty-three miles from Great Falls is Lost Creek Falls. is worth the travel even if there were no waterfalls. The parking area for Lost Creek was created by Disney in order to bring the filming equipment into the sink for the remake of "The Jungle Book."

Efforts involving Americorps and Tennessee State Parks have resulted in a series of well-laid steps built into the hillside making the 800' trail accessible to almost everyone. On the opposite side of the giant sink is one of the largest cave entrances in the state.



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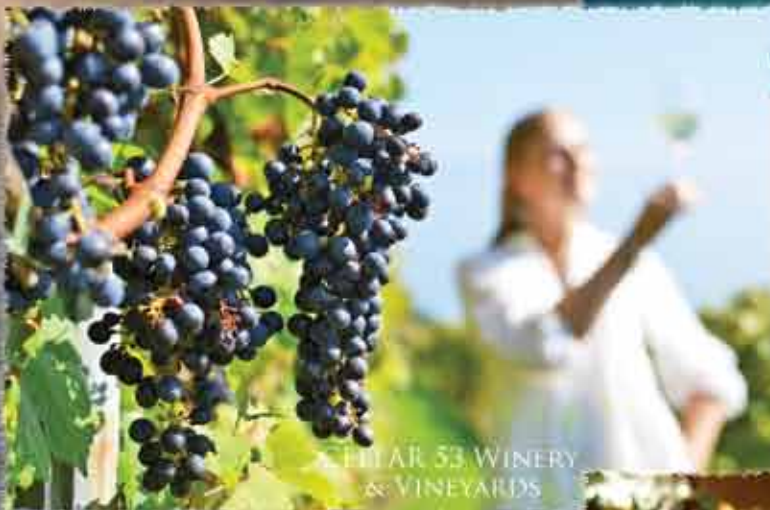
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ROCK *the* RIVERS

Imagine floating down river and hearing nothing but the sounds of rippling water as your paddle glides through and birds chirping as you float leisurely past them, mixing with the soft chatter and laughter of your friends and loved ones.

Article and canoe/train bridge photo by Billie Davis

The path to adventure, relaxation, and memories often presents itself in the form of a river. Tennessee rivers are more than just a body of water, they are high-ways for travelers who are looking for something off the beaten path. Lucky for us, the Upper Cumberland Region has many beautiful and inspiring choices. From paddling under an old 1800's train bridge, seeing bald eagles soar overhead, and watching as blue herons guide you downstream; the scenery in the UC is truly incredible.

For first time paddlers who are unfamiliar with the area, there are several rivers with Rental Outfitters who will take you through a training orientation and provide you with the necessary equipment for an amazing day on the water, including launching and picking you up at the end of your float. It has never been easier to explore the beautiful hidden gems we are so fortunate to have in our region. Have your own boat? Bring it! Many outfitters offer a transport for a fee.

In the hustle and bustle of busy everyday life, treat yourself to a day outdoors, unplugged and care free as you paddle down one of the many beautiful rivers in the Upper Cumberland Region.



Two Favorites

Article and turtle photo by Matt Brown

Barren Fork

The sun is shining, the cranes are fishing, and the turtles are snoozing. Gently babbling beside friendly McMinnville, TN, the Barren Fork River is the perfect place for a lazy float with a few ripples. Two easy access points for this river are Riverfront park right below the dam and Smooth Rapids Outfitters.

Collins River

The peaceful Collins River flows about sixty miles through the Upper Cumberland and is one of the best places to dip your paddle even if you're an inexperienced boater. The Collins takes you through overhanging woods that help you forget that you're not far from civilization.

Visit the Collins after a good rain if you want a faster flow with less potential hang-ups, or wait until it's been dry for a few days if you want a few more exposed, friendly rapids with some peaceful coasting in between.

Don't forget your fishing pole. This river is a fisherman's favorite.

Stretches between one access point to the next range from six to eight miles. You can find several easy public access points in McMinnville like the VFW boat ramp and the Shellsford Road Bridge Access. In Rock Island State Park you can make your way to Gribble's Landing or King's Landing.



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EXPLORING THE UC ON A BIKE

Peddling your faithful bike on the winding country lanes and paved backroads, bike trails, and through state parks is an immersive way to experience the picturesque landscape and unique history of the Upper Cumberland. It is rewarding to be able stop and look out over the valleys and streams and mountains, to wheel by quilt barns on gently rolling hills and through woods and farms, and to really feel connected to the land.

The nature of the landscape on the Plateau, with the changes in elevation, can be challenging, but there are routes and trails for every level. Many of the state parks are enjoyable rides for the casual cyclist. At Fall Creek Falls for instance, there are miles of scenic roads, and while the terrain varies, there are no steep grades to traverse.

On the other hand, for the serious road cyclist, bring on your well muscled legs and conditioned lungs. There are mountains to conquer and overlooks that will take away that breath you are trying to catch.

If you would like to rent a bike, or if you just want to talk to a bike enthusiast about the best routes in the area, we have a number of bike shops that will be happy to help you out.





ROAD BIKE ROUTES

To find the best routes for your level, whether you be a beginner, intermediate or expert, mapmyride.com is an excellent resource. It will give you distances, elevation and a map of the route.

For instance, mapmyride.com/us/crossville-tn would give you road bike riding options around the Crossville area.

Other Upper Cumberland centers may be used instead of Crossville are: Algood, Carthage, Cookeville, Fairfield Glade, Lafayette, Livingston, Monterey, McMinnville, Smithville and Sparta.

In addition, here are a few websites with road bike routes in the UC:

traillink.com/stateactivity/tn-bike-trails/

ridetotheskysky.org

mtbproject.com/trail/7033776/beginner-loop

caneyforkcycles.com/local-trails/



spokes

The bike arch in Cookeville
located at one end of the
Central Tennessee Heritage
Rail Trail

Created by Cookeville-based artist Brad Sells, "Spokes" is a community arts and enrichment project made possible by Art Round Tennessee, the City of Cookeville, grants and generous sponsors. There are 23 bikes on the arch, and there are plans to install other sculptures along the 4.2 mile trail, which runs from the Cookeville Depot to the Algood ballfields beside the Nashville and Eastern Railroad tracks.

photocredit H.L. Harder

ART ROUND
TENNESSEE

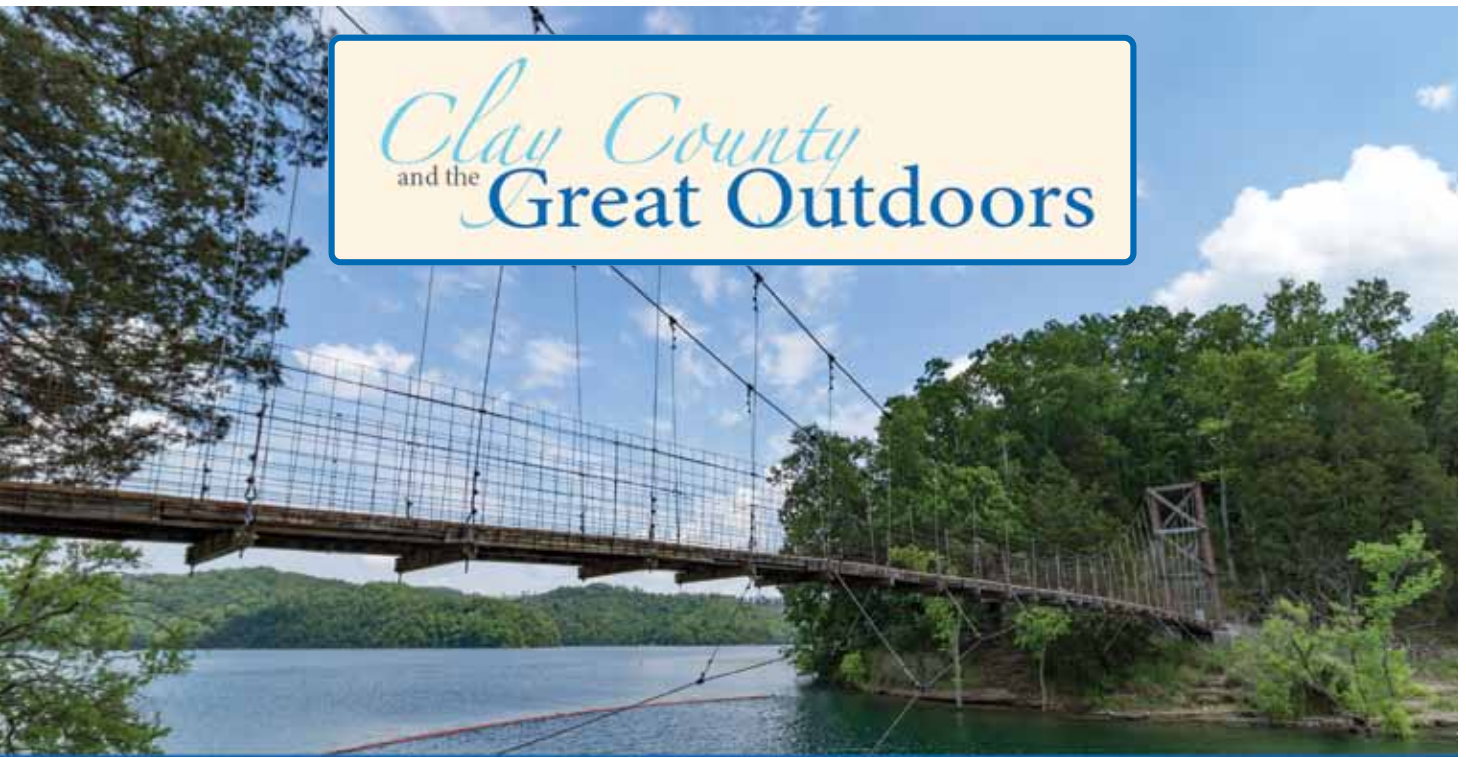


© Bettye S Austin

BEE ROCK

Located outside of Monterey, less than a five minute drive off of I-40, you'll find the **Bee Rock** Trail. After a short and easy walk through the woods, you'll come to the Bee Rock overlook. On a sunny day, the view is breathtaking, a tranquil connection with nature, and the perfect setting for photography or for a relaxing picnic. There is also rappelling, or some short but difficult rock climbing.

Clay County and the Great Outdoors



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Rugged & Rustic STANDING STONE STATE PARK

Article and photographs by Clayton Hensley
knoxdaytrips@gmail.com

Country roads can take you home, but they can also take you to some amazing parks. Rustic and rugged are the two words that best describe Standing Stone State Park along the Cumberland Plateau. State Highway 136, the main route through the park, winds past small farms, forgotten crossroads and eventually into the forest surrounding this surprising state park just a few miles west of Livingston.

The park was created back in the 1930's as part of the New Deal effort to improve soil conservation efforts in the region. The Civilian Conservation Corps and the Works Progress Administration, groups responsible for park building efforts across the country, were the primary builders of the park and its landmark stone dam, which holds back the water for Kelly Lake. Today, this small body of water is a popular spot for canoeing, pedal boating, kayaking and fishing.



More than eight miles of day-use hiking trails, ranging from easy to strenuous, take you through virgin woods, vivid wildflowers and overflowing streams around Standing Stone Lake.





Just below the dam as Mill Creek makes its run down the narrow valley, you'll find a swinging bridge. It's a popular attraction in this relatively small park and a great place to take photos with the water on the dam falling over the beautifully cut stones. It's fun to cross if you're up to it. Equally fun is the quick drive along the top of the dam where Highway 136 crosses.



According to the park's website, the Standing Stone was a 12-foot high ledge used in the area as marker for the boundary between two Native American nations. Eventually the stone fell and part of what remains of it is now on display in the town of Monterrey about 30 miles away.

History is made at the park each year as players head there for the National Rolley Hole Marbles Tournament, going strong now for more than 30 years. Held each September, this competition is serious business with vendors, concerts and multiple competitive events spread out through the park.

The park's rustic cabins and secluded campground make this a great place to get away or use as a home base as you explore other attractions in the area.





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Come on down and vacation in the UC. Become acquainted with the region and all it offers for a relaxing vacation. Then imagine what it would feel like to live here.

The scenery in the Upper Cumberland is breathtaking with waterfalls, bluffs, and overlooks. There are panoramic views of lakes, mountains and state parks. Hiking, biking, golf, equestrian trails, rivers for kayaking, and water sports like fishing and boating.

Quaint communities with courthouse squares, restaurants with home cooked dinners, community concerts and theaters, heritage festivals and 4th of July Celebrations.

While the Upper Cumberland region is more rural, metropolitan cities like Chattanooga, Knoxville and Nashville are just an hour drive away. After a busy day in any of these places

it is heartwarming to come back on the Plateau to enjoy the quieter, less stressful lifestyle.

The people are very friendly and are welcoming to newcomers to the region. Just spend some time in the Upper Cumberland's towns and destinations and you will meet so many people who will tell you about life up here. You will also meet newcomers from throughout the USA and other countries that will tell you that they are glad they made the move.

The first step of planning your retirement is practicality. Choosing your dream retirement location often comes down to how well you can live off your savings.

Retirement is very doable in our region without sacrificing your quality of life. Here you can live in towns or out on your own farm with lots of acreage. All of it is affordable.

YOUR MONEY GOES FURTHER HERE

The Retire Tennessee website tnvacation.com/retire-tennessee includes an expense calculator that allows users to easily compare the cost of living in their present home with 22 Retire Tennessee destinations throughout the state. The cost of living index shows that Tennessee is 10.2% below the national average. "When people see how low the cost of living is here, they are completely blown away," said Ramay Winchester, Director of Tourism Initiatives. "No matter how much money someone has in retirement, they are looking for ways to stretch it. People find their money will go a lot further here."

There's no state income tax and Tennessee doesn't tax pensions. Property taxes, especially in the Upper Cumberland, can be a fraction of what they are elsewhere.

Communities in all of the fourteen counties offer the resources and amenities to attract today's relocating retiree. Two such communities, Cookeville in Putnam County (visitcookevilletn.com/retire) and Crossville/Fairfield Glade in Cumberland County (crossville-chamber.com) have been recognized as special retirement destinations.

Fairfield Glade in Cumberland County has again earned the prestigious 2018 Seal of Approval from the American Association of Retirement Communities (AARC) - the nation's leading organization for educating local governments and private communities on retiree attraction. The AARC Seal of Approval is presented annually to communities demonstrating a cutting-edge commitment to lifestyle programming, amenity development, communications programs and education.

"Retirees are pretty clear in expressing what they look for in a retirement community, and we excel in every way they've told us was important," commented Mary Jo Paige, the Fairfield Glade Marketing Director.

Where to Retire has selected Cookeville as a top retirement destination in the sixth edition of "America's 100 Best Places to Retire," a comprehensive guidebook of the country's most appealing retirement towns.

Cookeville recently landed on the radar of *Where to Retire*, making the cover and inside spread of their November/December 2017 edition. This community was also recently awarded the coveted 2019 Seal of Approval Award by the American Association of Retirement Communities, and has been deemed a best place to retire in Tennessee since serving as an official Retire Tennessee community since 2007.

"What an accolade to be acknowledged among not only the best in our state or region, but in the entire country," said Zach Ledbetter, vice president of visitor development, Cookeville-Putnam County Visitors' Bureau. "We know our community has the desired amenities to attract quality retirees and are excited to see our continued marketing efforts are effective."

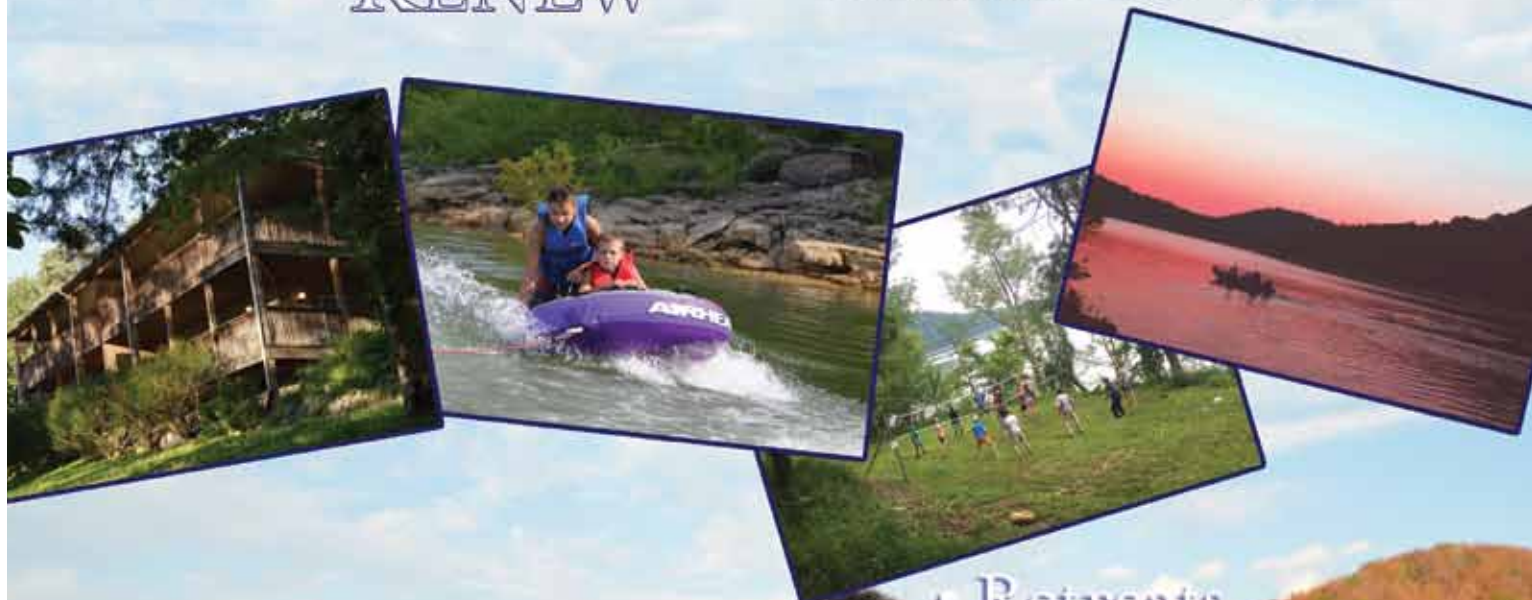


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The unique location of the Retreat makes it the perfect choice for corporate and church group organizations to hold retreats, conferences, and leadership development training events. Churches have family camps, marriage weekends and spiritual formation retreats. Whatever your need, the Retreat has you covered! Contact one of our friendly staff to schedule a personal tour.

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WINE, SHINE & STEIN



The Upper Cumberland region is home to the oldest wineries in Tennessee. It was here that vineyards were first cultivated in the late 1800 when German settlers brought their wine making traditions to their new home. The Upper Cumberland Wine Trail offers nine diverse wineries where you can find a wide selection of wines.

Follow the Wine Trail and experience the beautiful Upper Cumberland countryside. Pick up your Trail Passport at the first winery, get a stamp at each one and receive a gift after completion.

Chestnut Hill Winery

78 Chestnut Hill Road • Crossville • 931-707-7878
chestnuthillwinery.com

The winery has a fermentation capacity of over 23,000 gallons, making it one of the largest wineries in Tennessee. All wines are produced and bottled on premise. While visiting, ask for a tour of the winery.

Stonehaus Winery

444 Genesis Road • Crossville • 931-484-9463
stonehauswinery.com

Family owned and operated, this winery produces a diverse assortment of wines from still to sparkling which are distributed throughout the state and nation. Offers tours and complimentary wine tastings daily.

Highland Manor Winery

Highway 127 • Jamestown • 931-879-9519
highlandmanorwinery.com

Tennessee's oldest winery! The winery has won several awards for the dry, semi-dry and sweet wines produced from fruit grown in its vineyard. The winery is housed in an English Tudor building with a classic wine cellar. Tour and tastings offered.

Holly Ridge Winery & Vineyards

486 O'Neal Road • Livingston • 931-823-8375
hollyridgewinery.com

Family-owned and operated, this winery produces an assortment of wines from 14 grape varieties grown in their farm's hillside vineyards. Customer favorites include Riesling and Gewurztraminer. Call for opening hours/Tasting available.

Northfield Vineyards

515 Ray Cemetery Road • Sparta • 931-761-9463
northfieldvineyards.com

The Ray family has operated this working farm for five generations. Recently repurposed as a winery and vineyard, the family specializes in a variety of wines from sweet to dry. Tours and tastings are available daily.

Paris Winery

701 E. Spring St. * Cookeville * 931-646-0897
pariswinery.com

Paris Winery has opened at a new location in Cookeville and is our newest member on the trail. The winery has 26 different wines to choose from including their guitar shaped bottles. Tastings are available.

DelMonaco Winery & Vineyards

600 Lance Drive • Baxter • 931-858-1177
delmonacowinery.com

Located in a multi-story Tuscan style building, this winery produces a variety of white, red, and dessert wines from grapes grown on the estate. The facility offers a ballroom with a wrap-around balcony overlooking the vineyards. Facilities are available for events. Tastings of wines and tours are available daily.

Cellar 53 Winery & Vineyards

115 Oak View Drive East • Brush Creek • 615-934-3353
cellar53winery.com

Located on a six-generation family farm, this winery and vineyards produces a range of Tennessee grown wines ranging from dry to sweet. Landscaped grounds dotted with flower gardens among the vineyards offer a relaxing location for picnics. Tastings available Thursday to Sunday. Family (& dog) friendly.

Red Barn Winery & Vineyard

805 Tanyard Road • Lafayette • 615-688-6012
redbarnwinery.com

Red Barn Winery & Vineyards is located on the Highland Rim of Macon County, sitting between Lafayette and historic Red Boiling Springs, about 50 miles northeast of Nashville. The scenic Red Barn Winery & Vineyards is the first in Macon County to become an Agricultural Farm Winery. Call the winery to schedule your wine tastings.

uppercumberland.org/wineries.htm

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MOONSHINE

The Upper Cumberland region has a reputation for producing some of the finest moonshine in the country. Lucky for visitors, the practice is legal now – meaning you get to taste the rewards. Located on the Tennessee Whiskey Trail, Short Mountain Distillery continues that long tradition.

Short Mountain Distillery

8280 Short Mountain Rd. • Woodbury • 615-216-0830

shortmountaindistillery.com

Talk about a legacy! Water from Short Mountain's cave springs was once used to make moonshine supplied to Al Capone's speakeasies. Today, Short Mountain is Tennessee's sixth distillery producing authentic small-batch, Tennessee Moonshine, bourbon and other fine products from corn raised on local farms that have been here for decades. Taste what's being made today, purchase a bottle to take home, then hike the Cooper Cave Spring Trail. Guided distillery tours to distillery are available, but should be booked in advance.

UPPER CUMBERLAND BREWERIES

Come explore our craft breweries offering a range of creatively brewed ales, pilsners and stouts. And trust us: You'll want a growler to go, too!

Calfkiller Brewery

1839 Blue Springs Rd. • Sparta • 931-739-BEER

calfkillerbeer.com

In 2004, the Sergio Brothers began brewing their own beer for family, friends and festivals. Over the next years, Don and Dave honed their skills and started collecting enough equipment to start their own brewery. Today these same brothers, along with family and friends, produce creatively delicious beers that can be tasted and purchased on site.

Jig Head Brewing Company

310 Newman Drive • Cookeville • 931-252-0851

jigheadbrewing.com

The Jig Head Brewing Company and Head Brewer Manny Edwards bring world-class premium beer to Middle Tennessee, with a nautical-themed tasting room and seasonal beer garden. "A growing number of people are interested in craft beer, but many would like to start with something more approachable than a fiercely bitter." Either way, Jig Head has craft beers for everyone.

Happy Trails Brewing Company

38 E. Bockman Way • Sparta • 931-267-8027

happytrailsbrewing.com

Happy Trails Brewing Company is a brewery and taproom located in downtown Sparta, TN. Our mission is to provide great beer and a unique, family friendly atmosphere that showcases great music and the beauty of Sparta and the surrounding area.

Two additional breweries in the Cookeville area - Hix Farm Brewery and Red Silo.

EVENTS

WINERIES

Apr 13 Upper Cumberland Wine Festival in Granville

uppercumberlandwinetrail.com

Highland Manor Winery 931-879-951 | 2965 S. York Hwy • Jamestown
highlandmanorwinery.com

Jun 1	Wine & Swine
Jun 6	Cajun Day
Aug 2-3	127 Sale Festivities
Sep 7	Corks & Forks

DelMonaco Winery & Vineyards 931-858-1177 | 600 Lance Dr. • Baxter
delmonacowinery.com

Feb – Nov	Wine Excursion Trains from Nashville to DelMonaco
Feb – Dec	Bi-monthly events

Northfield Vineyards 931-761-9463 | 515 Ray Cemetery Road • Sparta
northfieldvineyards.com

Mar - Aug	Music events at the winery barn
May 3 - 5	Mother's Day Market
Oct 26	Blues, Boooos and Local Brews
Nov 1-2	Art N Ale trail through White County
Nov 29-30	Black Friday and Small Business Saturday Mini Market

Cellar 53 Winery 615-934-3353 | 115 Oakview Drive East, • Brush Creek
cellar53winery.com

May 11	Wildflowers & Wine
Oct 12	Cellar 53 Harvest Festival

BREWERIES

Brewery Hop Bus Tour - Discover the Upper Cumberland attraction, breweries, wineries and restaurants.

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The tours start at Northfield Vineyards in Sparta

Calfkiller Brewery 1839 Blue Springs Rd. • Sparta • 931-739-BEER
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Oct 26	Blues, Boooos and Local Brews
Nov 1-2	Art N Ale trail through White County

Happy Trails Brewing Co. 38 E. Bockman Way • Sparta • 931-267-8027
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Year round music events –listed on facebook.com/pg/htbrews/events

Oct 26	Blues, Boooos and Local Brews
Nov 1-2	Art N Ale trail through White County

If you are going to be in the UC, go to the winery or brewery websites or follow them on Facebook for additional events.



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Cajun Day

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127 Sale Festivities

August 2-3



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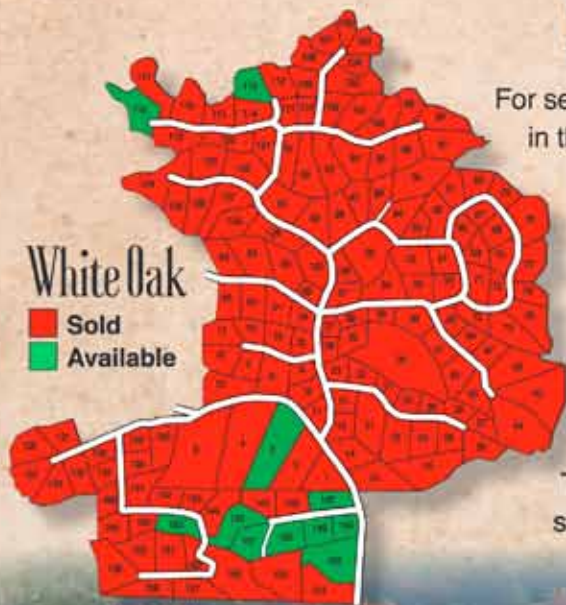
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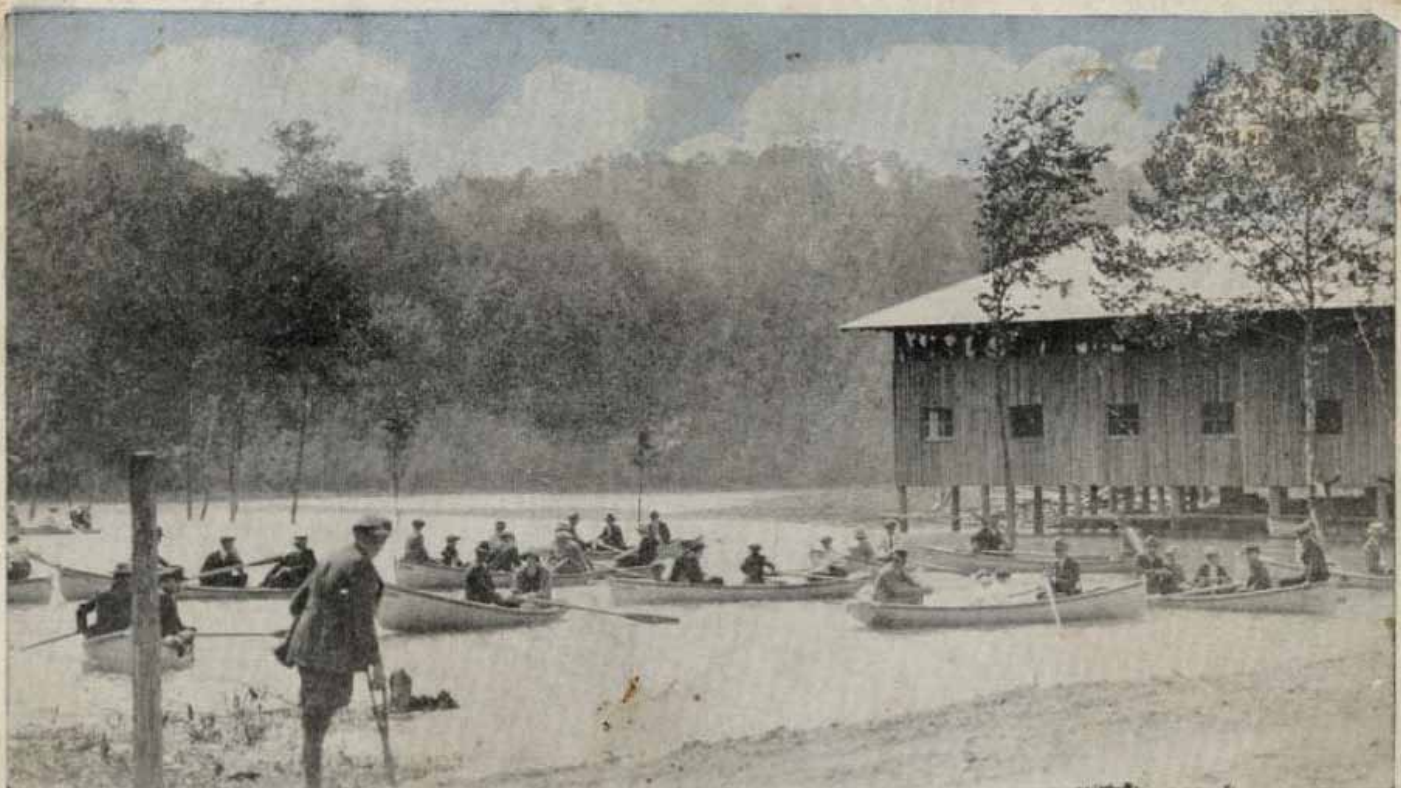
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The Healing Powers of Red Boiling Springs

by Clayton Hensley
knoxdaytrips@gmail.com

Red Boiling Springs sits along the banks of Salt Lick Creek. The springs, which gave the town its name, contain five types of mineral water, a phenomenon only believed to happen here and in a town in Germany. The spring's properties are said to have healed a man's lifelong eye infection.

Word about that healing spread and by the end of the 19th century people began flocking to Red Boiling Springs to enjoy the "healing waters." In its heyday, this picturesque community grew to have more than a dozen hotels, swimming pools, a bowling alley, and even a theme park.

In the 21st century, Red Boiling Springs still welcomes guests, making them feel like family. Three of the town's historic hotels remain in business, each serving up a unique mix of southern charm and hospitality. The pace of life is slow here and sometimes the cell phone service is too, but a stay here can help heal the effects a life of stress may be having on you.



The Historic Hotels of Red Boiling Springs

The Armour's Hotel



It's dinner time at the Armour's (originally built as the Counts Hotel in 1924). Guests gather around the tables in the dining room for a home cooked meal. No need to have a hostess seat you - everyone is family here, so just take a seat. Servers bring out platters filled with fried chicken and country ham and bowls filled with mashed potatoes, corn, green beans and fried apples. It's up

to you and the other guests to pass the food around, just like you do at the family dinner table.

The Armour's Hotel provides guests with a lodging experience to treasure. Sprawling porches filled with rocking chairs and wicker furniture line the front of the building on both floors. Inside the lobby, vintage photos and antiques

transport guests back to a simpler time, a theme that runs through the rest of the hotel. Each room is decorated in a different style with one room spotlighting John Wayne while another has a Safari feel. There's even a special Honeymoon Suite. Continuing with the tradition that put Red Boiling Springs on the map, the Armour's still offers mineral baths and massages.



The Donoho Hotel

The Donoho, with its small white covered bridge, spacious lawn and sheer size makes it difficult to miss. Just beyond the banks of Salt Lick Creek, tall trees spread out across the lawn, providing significant shade for the rocker lined porches. It's easy to see why the Donoho has become a favorite spot for weddings and private events in addition to its more than 100-year-old reputation as an elegant place for overnight lodging.

The Thomas House

The Thomas House Bed & Breakfast welcomes visitors with its gracefully landscaped grounds, Victorian style architecture, brick arches and fountain. But it's the "extras" that sets it apart from the town's other two hotels.

Formerly known as the Cloyd Hotel, "a tradition since 1890," the building is well-known for its visits from "the other side," a characteristic that's caught the attention of ghost hunters across the country. Special "Ghost Hunt" weekends scare up extra business at the Thomas House, in addition to stage productions, delicious meals and breakfasts, and private dining experiences.



Years ago, a new modern highway bypassed the heart of Red Boiling Springs. Through the hard work and dedication of its citizens, Red Boiling Springs has remained popular as a resort town. In addition to the hotels, visitors can spend time on the quilt trail, admiring a few covered bridges and spending time in several small parks.



Nearby Attractions

Beyond Red Boiling Springs country roads in all directions provide you with an even greater taste of life in this part of the Upper Cumberland.

At the Red Barn Winery, owner Judy Burgener puts her more than 30 years of winemaking experience and the fertile soils of the region to good use serving up quality wines.

Rural America is showcased at Grandpa's House at Ritter Farm. In addition to its store filled with handcrafted items, the farm celebrates the region's heritage each fall with "How'd Dey Do Dat?" day.

The County Seat of Lafayette is the "big town" in the area. Visitors can explore the Mom and Pop businesses there, see a movie at the Lafayette Cinema or explore the wild water features of the new Winding Stairs Park.

Historic Red Boiling Springs, Tennessee



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For a list of events and places in Red Boiling Springs, visit www.vision2020inc.com

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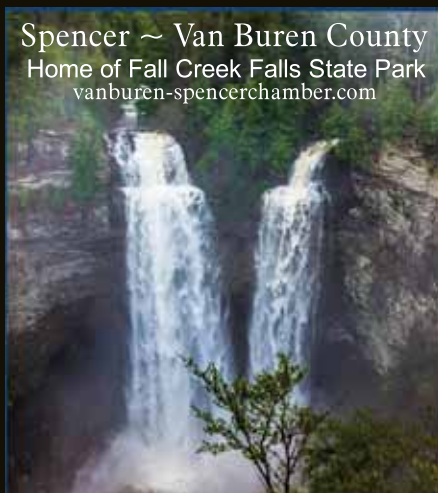
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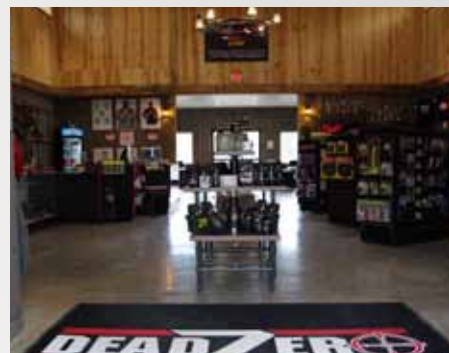
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318 West Broad St. • Livingston
931-403-0909
www.overtonmuseum.com

MCMINNVILLE
Magness Library
118 W Main St., McMinnville
931-473 - 2428
www.magnesslibrary.org

Southern Museum & Galleries of Photogra-
phy, Culture & History
210 E. Main St., • McMinnville,
931-507 -8102

Warren County Heritage Alliance Center
113 E. Main St. • McMinnville
931-474- 2717
www.livelyphotomuseum.com

MONTEREY

Monterey Depot Museum
One East Depot St. • Monterey
931-839-2111
www.montereytn.com

RED BOILING SPRINGS

Grandpa's House Gift Shop and Museum
2217 Oak Grove Rd. • Red Boiling Springs
615-699-0166
www.grandpas-house.com

SPARTA

Lester Flatt Memorial
One Liberty Sq. • Sparta
931-836-3552
www.exploresparta.com

White County Heritage Museum

144 S. Main St. • Sparta
931-837-3900
www.whitecountyheritagemuseum.org

White County Military Museum

Five Maple St. • Sparta
931-836-3552
www.exploresparta.com

Rock House Historic Shrine & Old Stage Rd Museum

3663 Country Club Rd. • Sparta
931-836-3552
www.exploresparta.com

DeRossett Railroad Section House

9479 Crossville Hwy • Sparta
931-836-3552
www.exploresparta.com

Ravenscroft Mine & Walking Trail

9479 Crossville Hwy • Sparta
931-836-3552
www.exploresparta.com

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877-337-8678
www.campingcrossville.com

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800-624-8755
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931-484-3731 • 800-624-8755
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www.eastforkstables.com

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931-946-7383
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1-800-736-7951
www.eastport.info

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931-864-3456
www.eaglecoveresort.net

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Holly Creek Marina
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www.hollycreekmarina.com

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Wildwood Resort & Marina
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931-653-4360
www.granvillemarina.com

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DALE HOLLOW MARINA ASSOCIATION
www.dalehollowlakeonline.com

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Sunset Marina & Resort
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931-864-3146
www.sunsetmarina.com

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Art Prowl & Spokes
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www.artroundtennessee.com

Bryan Symphony Orchestra

123 W. Broad St., Ste. 4, • Cookeville,
931-525-2633
www.bryansymphony.org

Cookeville Performing Arts Center

10 E. Broad St., • Cookeville
931-528-1313
www.cookeville-tn.gov/lscpac/

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Cumberland County Playhouse
221 Tennessee Ave., • Crossville,
931-484-5000
www.ccplayhouse.com

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72 S. Main St., • Crossville,
931-484-6133
www.palacetheatre-crossville.com

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931-653-4151
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931-653-4151
www.granvilletn.com

RUGBY

Historic Rugby
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423-628-2441
www.historicrugby.org

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931-668-1900
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www.cumberlandmountaingeneralstore.com

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www.crawdaddysgrill.com

Father Tom's Pub

32 N Cedar Ave, • Cookeville
931-854-9484
www.fathertomspub.com

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Timberloft Restaurant & Lounge
470 Gordonsville Hwy (Hwy 53),
Gordonsville
615-683-5070
www.timberloftrestaurant.com

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7316 Granville Hwy, • Granville
931-653-4705
www.timberloftrestaurant.com

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169 Clover Street, • Granville
931-653-4151
www.granvilletn.com

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615-699-2180
www.armourshotel.com

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615-699-3006
www.thomashousehotel.com

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615-699-3141
www.TheDonoho.com

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1331 Rugby Pkwy, • Rugby
423-628-2350
www.historicrugby.org
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800-383-2349
www.evinsmill.com

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www.bigpuckettscampground.com

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www.thecoffeecollectivetn.com

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www.pariswinery.com

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www.chestnuthillwinery.com

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931-484- WINE (9463)
www.stonehauswinery.com

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Highland Manor Winery
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931-879-9519
www.highlandmanorwinery.net

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615-688-6012
www.redbarnwinery.com

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Holly Ridge Winery & Vineyards
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931-823-8375
www.HollyRidgeWinervy.com

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Northfield Vineyards
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www.calfkillerbeer.com

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931-528-2222
www.wcte.org

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www.cookevillecityscape.com

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www.plateauproperties.com

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www.caneyforkec.com

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931-506-5335
www.mainstreetmcminnville.org

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www.honestabe.com

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1005 Livingston Hwy. • Byrdstown
931-864-7195
www.dalehollow.com

City of Algood
215 W Main St. • Algood
www.algood-tn.com

Cannon County Chamber of Commerce
1424 John Bragg Hwy, •Woodbury
615-563-2222
www.cannonntn.com

Clay County Partnership Chamber of Commerce
424 Brown St, •Celina
931-243-3338
www.dalehollowlake.org

Cookeville-Putnam County Convention & Visitors Bureau
1 W. First St., •Cookeville
931-526-2211 • 800-264-5541
www.visitcookevilletn.com

Putnam County Government
300 E. Spring St., •Cookeville
www.putnamcountyttn.gov

City of Cookeville
45 East Broad Street, •Cookeville
931- 526-9591
www.cookeville-tn.gov

City of Monterey
302 E. Commercial Ave, • Monterey
931-839-3770
www.montereytn.com

Crossville - Cumberland County Chamber of Commerce
34 S. Main St. • Crossville
931-484-8444 • 877-GOLFTN1
www.crossville-chamber.com

Crossville - Cumberland County Gateway to the Big South Fork Visitor Center
176 River Otter Dr. • Crossville
www.crossville-chamber.com

City of Crossville
392 N. Main St., • Crossville
www.crossvilletn.gov

DeKalb County Government
1 Public Square, • Smithville
www.dekalbttnessee.com

Gainesboro/Jackson County Chamber of Commerce. P.O. Box 827 • Gainesboro
931-268-0971
www.gainesboro-jcchamber.com

Jackson County Government
101 E Hull Ave, • Gainesboro
www.jacksoncotn.com

Jamestown/Fentress County Chamber of Commerce, 114 Central Ave. W. • James-town
931-879-9948 • 800 327-3945
www.bigsouthfork.org/

Livingston/Overton County Chamber of Commerce, 222 E. Main St. • Livingston
931-823-6421 • 800-876-7393
www.overtontco.com

Macon County Chamber of Commerce
685 Hwy. 52 Bypass W. • Lafayette
615-666-5885 • 800-914-7072
www.maconcountychamber.org

Macon County Government
201 County Courthouse, • Lafayette
615-666-2363
www.maconcountyttn.gov

Morgan County Tourism Alliance
3804 Morgan Co. Hwy, • Wartburg
423-628-6293
www.mctamoco.com

City of Lafayette
200 East Locust St., • Lafayette
www.lafayette-tn.org
Vision2020 of Red Boiling Springs
www.vision2020inc.com

McMinnville-Warren County Chamber of Commerce. 110 S. Court Sq. • McMinnville
931-473-6611
www.warrentn.com

Smith County Chamber of Commerce
939 Upper Ferry Rd. • Carthage
615-735-2093
www.smithcountychamber.org

Smith County Government
122 Turner High Circle, • Carthage
615-735-2294
www.smithcountychamber.org

Town of Carthage
314 Spring Street, • Carthage
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City of Smithville
104 E. Main St. • Smithville
www.smithvillectyhall.com

Smithville-DeKalb County Chamber of Commerce Courthouse Room 201, 1 Public Square, • Smithville
615-597-4163
www.dekalbntn.com

Sparta/White County Chamber of Commerce, 16 W. Bockman Way, • Sparta
931-836-3552
www.spartatnchamber.com

Sparta/White County
1 East Bockman Way, • Sparta
931-836-3552
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66 Sparta Street, • Spencer
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